

CATHOLIC GRADE SCHOOL ATHLETIC ASSOCIATION

DEVELOPMENTAL LEAGUE BASKETBALL RULES

1. **LEAGUE ELIGIBILITY:** The following leagues will be offered to CGSAA developmental league member schools as defined below, wherein all players must be enrolled in the school they represent:
 - a. Division K – Any student who has not reached their 7th birthday before September 1, 2011 and who is enrolled in Kindergarten. Division K will be Coed, with teams consisting of both boys and girls.
 - b. Division 1 – Any student who has not reached their 8th birthday before September 1, 2011 and who is enrolled in 1st Grade. Division 1 will be Coed, with teams consisting of both boys and girls. Students enrolled in Kindergarten are eligible for participation in this division.
 - c. Division 2 – Any student who has not reached their 9th birthday before September 1, 2011 and who is enrolled in 2nd Grade. Division 2 will not be Coed per team. Students enrolled in either Kindergarten or 1st Grade are NOT eligible for participation in this division.
 - d. Division 3 – Any student who has not reached their 10th birthday before September 1, 2011 and who is enrolled in 3rd Grade. Division 3 will not be Coed per team. Students enrolled in 2nd Grade are eligible for participation in this league.
 - e. Notes on League Eligibility:
 - i. Preschool students are NOT eligible for participation in the CGSAA Developmental Basketball League.
 - ii. 3rd Grade students and younger are NOT eligible for participation in the CGSAA 4th-8th grade leagues, no matter if they are outside the age restrictions defined above.
 - iii. Students are NOT eligible to play down a division, regardless of student's age.
2. **PARTICIPATION RULE:** There will be EQUAL playing time for all players to be monitored by the coaches. Violations of the Participation Rule in the Developmental League will be investigated and if necessary, dealt with immediately. A report any violations will be sent to the CGSAA Representative and Principal of said School. Any violation handed out the league commission or CGSAA executive board will carry with a 2 game suspension for the coach. A 2nd violation of this rule will result in suspension for the remainder the season.
3. **PLAYER PARTICIPATION:** Following section 2 listing the Participation Rule, the following designations are defined per division:
 - a. Division K and Division 1 will have 4 eligible players from each team on the floor. Substitutions are freely handled by the coaches and must follow Participation Rule guidelines.
 - b. Division 2 and Division 3 will have 5 eligible players from each team on the floor. Substitution are handled by sending the player to the clock-keeper area and allowed upon approval from the referee during a stop-point of the game, again following all guidelines as defined in the Participation Rule.
4. **GAMES/PRACTICE TIMES:** The following game/practice times will be in effective for the Developmental League:
 - a. **A prayer will be recited before each game by all players and coaches. The prayer should reflect the ideals set forth within our CGSAA and all of its participants.**
 - b. Division K and Division 1 – will have a 1 hour game/practice time allotment.
 - i. For the first 25 minutes, each team will get half a court to run practice, followed by a 5 minute break.
 - ii. The game following will be 25 minutes with a running clock and no timeouts permitted.
 - c. Division 2 and Division 3 – will have a 1 hour game time allotment, with two 20 minute, running clock halves and a 5 minute halftime break. There should be 5 minutes of warm-up time prior to the start of each game.
 - i. 2 timeouts per game, per team are permitted. Timeouts last 1 minute and the running clock will be stopped.
 - d. Notes on 1st Games of Each Day:
 - i. Teams who play the 1st game of each day may not take the floor prior to 10 minutes before the scheduled start of the games/practices.
 - e. There will be no overtime or extra periods for games in the Developmental League.
 - f. League games will be completed no later than the last weekend in February.
 - g. After each game, teams will line up and shake hands of opposing players promoting positive sportsmanship.
5. **START TIMES/FORFEITURES:** All games will start at their scheduled time unless the previous game has not ended, in which case the game will start 5 minutes after the previous game ends.
 - a. Each player is encouraged to be at the playing gym 15 minutes prior the scheduled start time of their game.
 - b. A forfeit will be declared when a team is not ready to play 10 minutes after the scheduled start time. A forfeit is a forfeit and the game will not be played or rescheduled.
6. **EQUIPMENT:** Basketball size will be consistent for all Development Leagues. Goal height setting will vary slightly between divisions.
 - a. All Developmental League games will use the Junior Size Basketball (27.5”).
 - b. The team listed first according to the schedule will provide the game ball, which much meet the acceptability of the coaches and referees.
 - c. Division K and Division 1 will play using an 8'-0 basketball goal height setting, while Division 2 and Division 3 will use a 9'-0 basketball goal height setting.
 - d. If both teams have the same color uniforms, the team listed first on the schedule will wear target jerseys.
7. **SCORING:** Keeping score and determining wins/losses is not a key factor in the Development League.
 - a. Division K and Division 1 will NOT keep score.
 - b. Division 2 and Division 3 will keep score, however, it will be reset back to 0-0 at halftime and it will not be reflected in any end of the season win-loss results.

8. **FOULS/FREE THROWS:** With a running clock, fouls and free throws will be handled under the following guidelines:
 - a. Division K and Division 1 – Fouls will be called in agreement by the coaches on the floor and the ball will be provide to the opposing team. No free throws will be taken.
 - b. Division 2 – Fouls will be called by the referee on the floor and the coaches will discuss with individual player at that time why the foul was called. No free throws will be taken, opposing team will be awarded the ball and play will continue. If Divisions 2 & 3 are merged, Division 3 rules will be in effect for that season.
 - c. Division 3 – Fouls will be called by the referee on the floor and the coaches will discuss with individual player at that time why the foul was called. Two free throws will be awarded for shooting fouls. For non-shooting fouls, the opposing team will get possession of the ball.
9. **COACHES/REFEREES:** For developmental purposes, coaches will play an active on-court role during play of the games.
 - a. **All Coaches must go through the Archdiocesan protocol for Safe Environment, including, but not limited to, background check and training. This includes all coaches on the floor with the players and all coaches sitting with the players on the benches.**
 - b. Division K and Division 1 – Two coaches will be on the floor with the players. No referees will be provided by the league. One coach will be on the offensive side and one coach on the defensive side. Both team coaches will be there to assist getting the players into the correct positions and to ensure the defense is not over-aggressive. All four coaches will act as referee for the game. Walking, Double-Dribble, Out of Bounds, etc... will not be enforced and ball will remain with team. However, for fouls, opposing team will get ball. Coaches should use this opportunity to help develop the kid's skills. All coaches should try to make sure each player throughout the course of a game gets an opportunity for shooting the basketball. It is encouraged to also have a few volunteers or additional coaches with the bench players to help with substitutions and to help teach the kids about basketball.
 - c. Division 2 – One coach will be on the floor with the players. One referee will be provided by league. Coach will be there to help get team setup accordingly and work with the referee to teach the kids about fouls and other in-game violations. It is encouraged to also have a few volunteers or additional coaches with the bench players to help with substitutions and to help teach the kids about basketball. If Divisions 2 & 3 are merged, Division 3 rules will be in effect for that season.
 - d. Division 3 – No coach will be on the floor with the players. One referee will be provided by the league. While the ball is in play, Division 3 coaches must remain in their seats, except for spontaneous reaction to an outstanding play. Only 3 coaches may be on the bench with the players and only the head coach can assist a referee with helping the players understand why fouls were called. The referee may ask for the head coach to assist on the court for teaching purposes dependent on game-time situations.
10. **DEFENSE:** Set guidelines for defense are in place to ensure all participants get offensive scoring opportunities:
 - a. Division K and Division 1 – Based on court alignment at facilities, 2 defensive players will keep one foot on the lines from the free throw line down to the baseline on each side of the lane. If a facility does not have these lines previously defined, taped lines will be set for this usage. This allows for open shots and offensive scoring opportunities. If a defensive player steals the ball within the guidelines of the position rule, please let them know they did a good job, yet provide the ball back to the offensive team for a scoring opportunity. After the ball is shot, defensive players may position themselves accordingly for rebounds. When defense recovers ball, no fast breaks are allowed.
 - b. Division 2 – Each player will have a colored wrist-band and must play man-to-man defense against opposing team player with same colored wrist-band. Defensive player may not extend out past the 3 point line. When defense recovers the ball, no fast breaks are allowed. Wrist-bands will be provided by the CGSAA Developmental League and will be available to teams prior to the start of each game. If Divisions 2 & 3 are merged, Division 3 rules will be in effect for that season.
 - c. Division 3 – Defense will be man-to-man. Defensive player may not extend out past the 3 point line. Fast breaks are allowed, but not encouraged, and note that defense cannot stop break until offensive team is within defined 3 point line. Coaches may teach man-to-man help-defense, but may not allow the players to play zone, or at any time have 2 defensive players intentionally guarding one offensive player.
11. **COACHES MEETING:** A coaches meeting will be held prior to the start of the season. This meeting will be lead by the CGSAA Developmental League Commissioner and the Head of Officials. All coaches are required to attend this meeting for opportunities to learn about rule changes, ask questions about rules, and learn coaching techniques specific to the development of our student participants. Attendance will be taken at meeting.
12. **SEASON DECORUM:** All requests from coaches, fans or players should be addressed to the CGSAA Developmental League Commissioner or Head of Officials through that School's CGSAA Representative. Complaints are not accepted and not to be made to referees or other coaches either during or after a game.
 - a. All rule violations are subject to discipline by the CGSAA, which could include suspension from any pending games. Any discipline to coaches, players and fans will be addressed by the appointed Representative of that school. It is the mission of the CGSAA to ensure all schools are informed of documented problems so that they may be addressed accordingly by the Archdiocese, the CGSAA and School Administration.
 - b. All Participants, including but not limited to, players, coaches, parents and fans, should conduct themselves first and foremost as Christian people. They are to be models of good sportsmanship and Christian behavior. They should respect their players and care for them as any family member would. The guiding principle is that we are all brothers and sisters in Christ and our behavior should affect that belief. Therefore, a coach should not use abusive language or demean a child in any fashion. A coach should show respect for all players on both teams.